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## Course Outline

### Emergency First Aid at Work + Sports Module

Course length: 7 hrs

Qualification: Level 3 Award in Emergency First Aid at Work (RQF)  
: Endorsed sports module (UKA category B)

#### Syllabus:

- Assessment of 1<sup>st</sup> aid scene & safety
- Primary assessment of casualty
- Secondary assessment of casualty for life threatening injuries
- Recovery position
- CPR including infant resuscitation and protocols for drowning
- Unconsciousness
- Wounds & bleeding
- Burns & scalds
- Legislation, accident book, RIDDOR & contents of 1<sup>st</sup> aid box
- Fractures, dislocations and soft tissue injuries

Cost: £85 per person + VAT on open courses

£85 per person (min charge of £510) + VAT for in-house courses



*TQUK approved training centre*



*Highfield approved training centre*



*RSPH approved training centre*