
Course Outline

RQF First Aid at Work Refresher Certificate

Course length: 2 days

Qualification: TQUK Level 3 Award in First Aid at Work (RQF)

Syllabus:

- Legislation, accident book, RIDDOR & contents of 1st aid box
- Assessment of 1st aid scene & safety
- Primary assessment of casualty
- Secondary assessment of casualty for life threatening injuries
- Recovery position
- CPR including infant resuscitation
- Wounds & bleeding
- Unconsciousness
- Burns & scalds
- Soft tissue injuries
- Fractures
- Bandaging
- Shock

Cost: £110 per person + VAT

3 day full course: £165 per person + VAT

Courses: Open – call for details
In-house – by arrangement

