

Course Outline

HSE First Aid at Work

Course length: 3 days

Qualification: HSE First Aid at Work Certificate

Syllabus:

- Assessment of 1st aid scene & safety
- Primary assessment of casualty
- Secondary assessment of casualty for life threatening injuries
- Recovery position
- CPR including infant resuscitation
- Unconsciousness
 - Head injuries
 - Fainting
 - Asphyxia
 - Heart attack
 - Stroke
 - Epilepsy
 - Diabetes
 - Poisoning
- Anaphylaxis
- Asthma
- Fractures
- Bandaging
- Dislocation
- Soft tissue injuries
- Eye injuries
- Shock



- Wounds & bleeding
- Burns & scalds
- Hygiene at first aid scenes
- Manual handling at first aid scenes
- Legislation, accident book, RIDDOR & contents of 1st aid box

Cost: £140 per person + VAT

2 day refresher: £95 per person + VAT

Courses: Open – call for details
In-house – by arrangement

